

For more information  
about CHANCES,  
please contact:

***In Seneca County***

Assistant Director of Community Services  
(315) 568-2753 ext. 241

***In Cayuga County***

Coordinator of Family Support Services  
(315) 612-0159

Assistant Director of Community Services  
(315) 612-0152

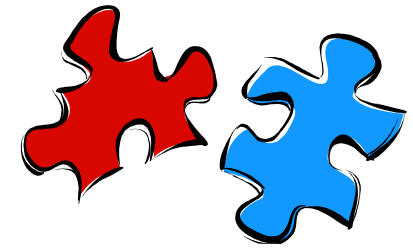


[www.sencayarc.org](http://www.sencayarc.org)

Seneca Cayuga ARC is a not-for-profit agency comprised of people dedicated to assisting and supporting individuals with disabilities, their families and the community.

1083 Waterloo-Geneva Road  
Waterloo NY 13165  
(315) 539-5067

1521 Clark Street Road  
Auburn NY 13021  
(315) 612-0100



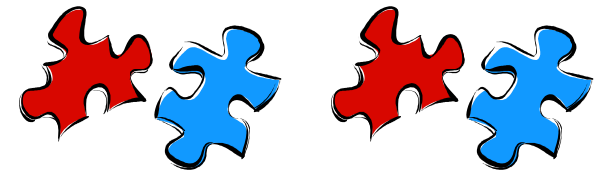
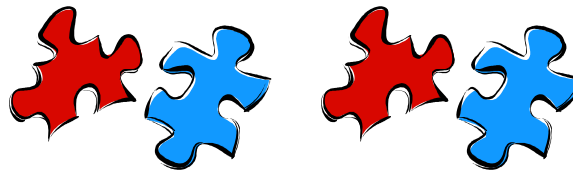
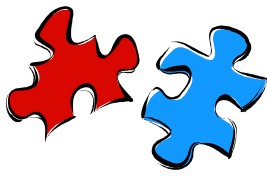
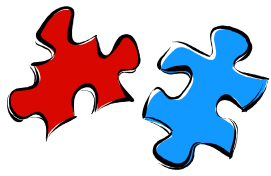
**CHANCES**

**CH**ildhood **A**utism  
**N**etwork of **C**omprehensive  
**E**ducation & **S**upport



*Serving families who have  
children 21 or younger  
with Autism or an  
Autism Spectrum Disorder*





# CHANCES

## *Parent Support Group*

Parent Support Group is facilitated by a psychologist who specializes in working with children who have autism.

Parent Support Group provides CHANCES to meet other families who face similar challenges.

Parent Support Group provides CHANCES to gather and share information and build a network of support.

Parent Support Group provides CHANCES to find out about educational workshops you may want to attend. CHANCES can help families pay for workshop expenses.

## *Skills Practice*

Each family partners with two or more trained CHANCES Support Specialists they have interviewed and chosen to provide services to their child.

Skills Practice provides CHANCES for Support Specialists to spend time with the child and their family members at home or in the community. Through this interaction, Support Specialists learn from the family what works for the child in a variety of settings, which improves relationships and expands opportunities for everyone involved.

Skills Practice provides CHANCES for you to go to church, go to the store, to the park, to a restaurant, to a party or to a family gathering. Your Support Specialist can go with you and be that extra person to accompany your child. Minor disruptions don't have to become major productions. Your Support Specialist can provide the individualized attention your child needs or an escort to a more appropriate location when necessary.

## *Respite*

The CHANCES Support Specialists you have chosen will work with you to set a schedule of respite that works for you and your family.

Respite gives you CHANCES to get a break from the 24-hour responsibility of being a primary caretaker. Respite can be provided when you are home so you can relax.

Respite gives you CHANCES to get out of the house to run errands or just enjoy some needed time away.

Respite also provides CHANCES for your child to go out and experience activities with a Support Specialist you have trained.

*No matter how things go with Brian, when I go to the CHANCES Parent Support Group I feel supported. Sharing experiences among families, I feel validated as a parent.*

*Brenda Rescott, parent*

*The respite provided through CHANCES has been such a wonderful experience for both Alec and his family. He gets out into the community more and I am able to learn more about him as he tries new things with his Support Specialists.*

*Kari Rowley, parent*