

Presenters:

**Vikki O'Connor, ABD, LMSW
Clinical Social Worker**

Vikki has been employed at Seneca Cayuga ARC as a Clinical Social Worker for over three years. She is the Chairperson for the Sexual Rights and Advocacy Committee and has assisted in the development of the Agency's Sexual Rights Policy. Vikki routinely conducts socio-sexuality assessments to determine consent capacity. Vikki has co-developed and co-facilitated Healthy Sexuality/Healthy Relationship training classes at the Agency for nearly two years.

**Cindy Myers, RN
Program Nurse**

Cindy has been employed at Seneca Cayuga ARC as a Registered Nurse for a little over seven years. She has served as a member of the Sexual Rights and Advocacy Committee and has assisted in the development of the Agency's Sexual Rights Policy. Cindy has co-developed and co-facilitated Healthy Sexuality/Healthy Relationship training classes at the Agency for nearly two years.

**David Sealy, LMSW, MPA
Director of Clinical Services**

Dave has been employed at Seneca Cayuga ARC as the Director of Clinical Services for approximately 15 years. He has coordinated the development and implementation of the Agency's Sexual Rights Policy during that time.

Seneca Cayuga ARC
Karl D. Warner Clinic
180 North Street
Auburn, New York 13021



Train the Trainer: Healthy Relationship Training for Individuals with Developmental Disabilities

Friday, September 19, 2008
8:30am - 4:00pm
1521 Clark Street Road Facility
Staff Development Center
Auburn

Presented by:



Karl D. Warner Clinic

Phone: 315-255-3623
Fax: 315-255-0852
Web site: www.sencayarc.org



Seneca Cayuga ARC

Our Mission

Seneca Cayuga ARC is a not-for-profit agency comprised of people dedicated to assisting and supporting individuals with disabilities, their families and the community.

We provide opportunities and choices for treatment, employment, education, recreation and community living to assist individuals with disabilities in realizing a productive and fulfilling life.

Our Purpose

Seneca Cayuga ARC strives to offer personalized, choice-based supports to people with disabilities and their families, based on the principles of:

- INDEPENDENCE
- INDIVIDUALITY
- INCLUSION
- PRODUCTIVITY

Target Audience: Health Educators, Staff Development, Administrative and Clinical Staff.

Course Objective:

Upon completion of this one day training, you will be able to develop your own Healthy Relationship/Healthy Sexuality program for individuals with intellectual or developmental disabilities.

Participants can expect to learn the following:

- The foundations that your Agency should have in place when considering offering sexuality training for individuals with developmental disabilities.
- Learn the fundamentals of developing and implementing the Healthy Relationship Training curriculum, including:
 - My Body Belongs to Me
 - All About Relationships and Understanding Abuse
 - “No” means “No!” - Protecting Myself from Abuse
 - Good Communication
 - Anatomy and Hygiene for Men and Women - Healthy Bodies
 - Sex and Decision - Making
 - Sexually Transmitted Disease Awareness
- Learn how to build a resource library.

Course Hours:

Registration and Continental Breakfast will begin at 8:00 am. The seminar begins at 8:30 am and concludes at 4:00 pm. Lunch break will be 11:45 am - 1:00 pm; you will be on your own. Beverages will be provided in the afternoon.

HRT Training 9/19/2008

Registration Form

- \$155.00 Early Registration (prior to 8/19/08)
- \$160.00 Registration (8/20/08 or after)

Registration must be received 10 days prior to seminar.

**Please complete one form for each attendee.*

Name

Agency

Address

Phone

Fax

E-mail

Methods of Payment:

- Check Number of Attendees: _____
Total Amount Due: \$ _____

Please mail check payable to Seneca Cayuga ARC along with this registration form to:

Seneca Cayuga ARC
ATTN: Linda Longwell
1083 Waterloo - Geneva Road
Waterloo, NY 13165

- Credit Card
Credit Cards are accepted through the Agency website at: www.sencayarc.org

Note: The registration form must be mailed to the above address, or faxed to: 315-539-6269, ATTN: Linda Longwell.

Confirmations and Cancellations:

A confirmation email will be sent to the email address that you indicate above along with directions to the training site.

Cancellation received at least one week in advance will be refundable, less a \$ 20.00 admin fee. At any time, a substitute registrant can be sent.